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CHEMICAL COMPOSITION OF HEN'S EGG
(Based on published analyses of fresh eggs,
wet weight unless otherwise specified)

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ITEM	WHITE (57.7% total wt.) Percent	YOLK (31.6% total wt.) Percent	SHELL AND MEMBRANE (10.7% total wt.) Percent
Water	86.6	49.0	1.46
Organic material:	-----	-----	4.2
Proteins:			
Ovoglobulin	6.7	-----	-----
Ovamucin	1.9	-----	-----
Ovalbumin	69.7	-----	-----
Conalbumin	9.0	-----	-----
Ovamuroid	12.7	-----	-----
Vitelline	-----	78.4	-----
Livetin	-----	21.6	-----
Total protein	100.0% - 11.6	100.0% 16.7	-----
Lipids:			
Neutral fats	-----	51.2*	-----
Lecithin	-----	34.2*	-----
Cephalin	-----	8.9*	-----
Sphingomylin	-----	**	-----
Cholesterol	-----	5.7*	-----
Total lipids	0.2	100.0% - 31.6	-----
Fat acid of lipids			
Myristic	-----	0.4*	-----
Palmitic	-----	27.9*	-----
Stearic	-----	6.1*	-----
Palmitoleic	-----	2.0*	-----
Oleic	-----	48.5*	-----
Linoleic	-----	8.4*	-----
Clupanodonic	-----	6.7*	-----
Total fat acids	-----	100.0%	-----
Free carbohydrate as glucose	0.4	0.21	-----
Other nitrogen-free organics	0.4	0.99	-----

(Continued on page 2)

*Quantities have been shown to be affected by nutrition of the hen.

**Present but not quantitatively determined.

ITEM	WHITE	YOLK	SHELL AND MEMBRANE
	Per 100 grams	Per 100 grams	
Organic material			
(continued):			
vitamins:			
A	0	4200* I.U.	-----
B ₁ (Thiamine)	0	75* I.U.	-----
D	0	45* I.U.	-----
E (Alpha tocopherol)	0	45* gamma	-----
G (Riboflavin)	240*	510* gamma	-----
K	?	**	-----
Pantothenic acid	**	7000* gamma	-----
	Percent	Percent	Percent
Pigments:			
Capxanthin	-----	*	-----
Cryptoxanthin	-----	*	-----
Oophorphyrin	-----	-----	**
Riboflavin	*	*	-----
Xanthophyll	-----	*	-----
Zeoxanthin	-----	*	-----
Inorganic material:			
Aluminum	***	0.0003	***
Arsenic	***	-----	***
Barium	***	***	***
Boron	0.0014*	-----	0.0008?
Calcium	0.014	0.131	37.8
Chlorine	0.169	0.178	-----
Chromium	***	***	***
Copper	***	0.000041*	***
Fluorine	***	0.00009	***
Iodine	***	*	-----
Iron	0.0011*	0.0087*	***
Lead	***	0.00006	***
Magnesium	0.011	0.017	0.4
Manganese	***	0.00105	-----
Molybdenum	***	***	***
Phosphorus	0.015*	0.607*	0.2
Potassium	0.152	0.115	-----
Rubidium	***	***	-----
Selenium	*	-----	*
Silicon	0.00002	0.00003	***
Silver	-----	***	***
Sodium	0.163	0.049	-----
Strontium	***	***	***
Sulphur	0.202	0.215	-----
Titanium	***	***	***
Vanadium	***	***	***
Zinc	***	0.0005	-----
Carbonate	-----	-----	55.9
Ash****	0.8	1.5	-----
Total	100.0	100.0	100.0

*Quantities have been shown to be affected by nutrition of the hen.

**Present but not quantitatively determined.

***Traces only.

****Ash includes only portion of oxidized inorganic material, remainder being volatile.

